



FREE PARENTING PROGRAM.

Teen Depression and Suicide
January 24th at 7:00 pm

Periods of depressed mood are common in most adolescents....

However, supportive interpersonal relationships and healthy coping skills can help prevent such periods from leading to more severe depressive symptoms. Open communication with your teen can help identify depression earlier.(TeenDepression.org)

As many as one in every 33 children and one in eight adolescents may have depression (CMHA, 1998). Suicide is the third leading cause of death for 15-24 year olds and the sixth leading cause of death for 5-14 year olds. The number of attempted suicides is even higher. (AACAP, 1997).

Please join us on **January 24th at 7:00 pm at Peachford Hospital** to discuss these disturbing statistics and learn what the warning signs are and how we can help.

For more information on this program or others in this series of parenting programs, please contact **Sharon Frank**, RN, MN, Peachford Hospital, Community Relations, sharonafrank@aol.com or **Loren Eischeid**, Georgia PTA Youth Services Chair, jaelce@aol.com

**2151 Peachford Rd, Atlanta, Georgia 33038-
1st building on the right as you enter Peachford**

DIRECTIONS

From Marietta, Roswell, I-75, GA 400, 285 East: Take 285 to Exit 30 (Chamblee Dunwoody/Shallowford Rd/ N Peachtree Rd). Go straight through the first light. Turn left at the next light onto Shallowford Rd. Turn right at the second light onto Peachford Rd. Peachford Hospital is approx. 1 mile on the left.

From Stone Mountain, Dekalb, I-85, 285 West: Take 285 West to Exit 30, (N. Peachtree Rd/Chamblee Dunwoody/ Shallowford Rd). At the end of the ramp, turn right onto N. Peachtree Rd. Travel less than 1 mile to Peachford Rd, near a school zone. Turn left onto Peachford Rd, travel ½ mile to the hospital on the right. Turn right at the sign for Peachford Hospital.